



Transportation Cheat Sheet – Cascais Edition

THE BIG PICTURE (READ FIRST)

Transportation in Cascais is simpler than in Lisbon, but more **route-dependent**.

Life here is less about navigating complexity and more about understanding **connections**.

PRIMARY MODES OF TRANSPORT

Train (Cascais–Lisbon Line)

Best for: Travel between Cascais and Lisbon

- Coastal train route
- Frequent and reliable
- Stops in Estoril, Carcavelos, Oeiras, and central Lisbon

Key Insight: This train line is the backbone of Cascais' mobility.

Local Buses

Best for: Short trips within Cascais and the surrounding areas

- Routes connect neighborhoods, beaches, and shopping areas
- Less frequent than Lisbon buses
- Schedules matter more here

Taxis & Ride-Hailing

Options: Uber, Bolt, local taxis

- Commonly used by residents
- Especially useful in evenings or off-peak hours
- Reasonably priced



Walking

Best for: Daily life

- Cascais is walkable in many areas
- Sidewalks and promenades are well-maintained
- Walking is part of the lifestyle

TICKETS & PASSES

Viva Viagem Card

- Used for trains and buses
- Purchase at train stations

Tip: Most Cascais residents keep things simple, pay-as-you-go until patterns are clear.

LISBON ACCESS (WHEN YOU NEED IT)

- Train to Cais do Sodré (central Lisbon)
- Easy for medical appointments, shopping, and culture

Reality Check: You don't need to go to Lisbon as often as you think.

COMMON NEW ARRIVAL MISTAKES

- Assuming buses run as frequently as in cities
- Underestimating walking distance (and hills)
- Overplanning transportation before settling in

QUICK CONFIDENCE CHECK

If you can:

- Take the train to Lisbon
- Use a local bus
- Call a ride-hailing car

You are fully functional in Cascais.



FINAL ADVISOR NOTE (BOTH CITIES)

Transportation confidence comes from **use**, not study. Your goal in the first weeks is mobility — not mastery.

Pathway to Portugal orientations are designed to help you *practice*, not memorize.